

Curriculum Vitae

Full name: Väänänen, Ari Kauko Paavo

Date and place of birth: 7 September, 1968

Current Positions:

- Research Professor, Working Life and Mental Health, Finnish Institute of Occupational Health
- Head of Program, Population and Work Ability, Finnish Institute of Occupational Health
- Visiting Professor, School of Social Policy, Sociology and Social Research, University of Kent, UK

At Google Scholar: <http://scholar.google.fi/citations?hl=en&user=x6yDvzMMAAAJ>

At the University of Kent: <https://www.kent.ac.uk/sspsr/staff/visiting/profiles/vaananen-ari.html>

Summary of expertise and research: AV has been one of the most cited sociologists/social psychologists in Finland for the last 3–4 years (h-index 36, Research Gate Reach >10,000 academics). He has published in the top journals of sociology (e.g., *Journal of Health and Social Behaviour*), social psychology (e.g., *Journal of Personality and Social Psychology*), social history (e.g., *Journal of Social History*), general medicine (e.g., *BMI*), and epidemiology (e.g., *American Journal of Epidemiology*). He has worked as a research fellow in seven very competitive university units in Europe and Canada. In the period 2006–2018, more than 50 researchers have worked successfully in his research projects. His core research topics include socio-cultural and psychosocial antecedents of health among the working aged, the long-term socio-cultural transition of working life, and the emergence of mental discomfort in working life. Currently, he is FIOH's leading expert in the domain of changing working life and its impact on employees' mental health and a scientific leader of three large-scale research projects. His research interests arise from his position in-between behavioural, social, and medical sciences. His core interest is to cross borders between disciplines and build radically novel research on people's social action and mental health in-between human and life sciences on the basis of bold theoretical work and an innovative use of empirical data.

Education/Qualifications:

- 5/2010, Doctor in Behavioural and Social Sciences, University of Groningen, Groningen, Netherlands,
- 6/2005, Doctor of Social Sciences, University of Tampere, Finland (Social Psychology)
- 5/1999, MA, Licensed Psychologist (Psychology), University of Tampere, Finland
- 9/1997, MSocSc in Social Psychology; University of Tampere, Finland
- 10/2006, Title of Docent, University of Tampere, Finland

Previous professional appointments:

Professional appointments in Finland (16 years, 5 months):

FIOH, Helsinki:

- Senior Researcher (In Finnish: 'vanhempi tutkija'), Work Disability Prevention, Finnish Institute of Occupational Health (FIOH), Helsinki, Finland (1/2015-8/2017)
- 2011-2014 (3,5 years), Team Leader (In Finnish 'tiimipäällikkö'), Work Life in Transition Team, Centre of Expertise for Development of Work and Work Organizations (Cross-disciplinary Research Team, 15 researchers/subordinates), excluding research leave 10/2012-4/2013
- 2009–2010 (2 years), Senior Researcher (In Finnish 'vanhempi tutkija'), Centre of Expertise for Work Organizations
- 2006–2009 (3 years), Specialized Researcher (In Finnish 'erikoistutkija'), Centre of Expertise for Work Organizations
- 2003–8/2005 (2 years, 8 months), Researcher (In Finnish 'tutkija'), Unit of Excellence for Psychosocial Factors
- 8-12/2001 (5 months), Researcher, Decent Work Research Program, Dept. of Psychology
- 4-11/1998 (8 months), Assistant Researcher (In Finnish 'apulaistutkija', Human Resources for Work Program

University of Tampere:

- 1999 (9 months), Researcher (In Finnish 'tutkija'), Work Research Centre
- 1995 (3 months), Research Assistant (In Finnish 'valtionhallinnon harjoittelija'), Department of Sociology and Social Psychology

Professional experience in international universities and organizations (3 years 4 months):

- 2016 (2 months), Visiting Professor, University of Kent, Dept. of Social Policy, Sociology & Social Research, UK
- 2015 (2 months), Visiting Senior Research Fellow, University of Aalborg, Dept. of Sociology and Social Policy, Denmark
- 2007 (2 months), Post-doctoral Visiting Research Fellow, Keele University, School of Psychology, UK
- 2006 (1 month), Post-doctoral Visiting Research Fellow, University of Groningen, Dept. of Social and Organizational Psychology, The Netherlands
- 2002 (4 months), Visiting Research Fellow, Memorial University of Newfoundland, Division of Community Health, Canada
- 2002 (3 months), Visiting Research Fellow, University of Groningen, Dept. of Social and Organizational Psychology, the Netherlands
- 2002 (3 months), Visiting Research Fellow, University of Exeter, Dept. of Management, UK
- 2000-2001 (19 months), Visiting Research Fellow, University of Valencia, Research Unit on Work and Organizational Psychology, Valencia
- 1997 (4 months), Intern, United Nations Industrial Development Organization, Vienna, Austria

Research funding, leadership and supervision:

Major Grants (as Principal Investigator, PI):

- *"Still Working" cohort study (2006 to the present). A cohort study (n=20,500, 1984 to present) investigating psychosocial and socio-economic predictors of health among various groups of employees. Academy of Finland* (€198,000) and other grants with research partners (e.g., consortiums). PI.*
- *"Crafting the ideal employee" project (2009–2012). The project started a fruitful series of studies with a strong historical approach. It revealed how employees' ideals and behavioural norms radically changed after WWII. Academy of Finland (€300,000). PI.*
- *"Success of the immigrant employee" project (2010–2013). A large project studying the underlying factors facilitating migrants' integration into Finnish working life. Finnish Work Environment Fund (€150,000). PI.*
- *"Combo - promoting young people's inclusion and well-being" project (2015–2018). The objective of this large-scale R&D project is to facilitate the transition of youth to working life and enhance their social well-being. European Social Fund (€550,000). Co-PI and Scientific Leader.*
- *"The rise of mental vulnerability in work life 1960-2013" project (2013–2017). This project investigates various socio-historical pathways to mental vulnerability (€600,000). PI.*
- *"The balance of knowledge and work tasks in multicultural workplaces" project (2015–2017). The project locates institutional barriers of immigrants' career development and well-being. Finnish Work Environment Fund (€140 000). Co-PI and Scientific Leader.*
- *"Class Picture: the Inheritors of the North Karelia Study in the 2010s" project (2015–2016). A new type of collaborative study conducted by a cross-disciplinary team from FIOH, University of Helsinki, National Broadcasting Company, and top-level journalists. The Kone Foundation (€114,000). Co-PI.*
- In 2006–2016: External research funding as a PI/project leader in total: € ~2.1 million

In addition:

- Several large-scale grants (200,000-1,000,000€) with scientific partners in 2010-2017 (e.g., "Migrant health and well-being" Study (THL), "IPD-Work Study" (UCL, Univ. of Helsinki, FIOH), "The Survey on Work and Well-being among Persons of Foreign Origin" (Statistics Finland, THL, FIOH), "The synchrony of timelines in specialized jobs" (FIOH)). For instance, The "Still Working Study" led by Dr Väänänen has been a research partner and one of the key sub-studies of the IPD Work consortium. It examines the links between psychosocial stress at work and health outcomes using a multi-cohort meta-analysis. The IPD Work

consortium has received more than 1,000,000€ as external funding from various funding bodies since 2010 (e.g., EU Occupational Health & Safety Grant, Nordforsk Grant)

- Individual scholarships in 1999-2014 (Academy of Finland, University of Tampere, Yrjö Jahnsson Foundation, Committee for Public Information in Finland, Finnish Work Environment Fund, Occupational Health Foundation etc.) ~111,000€ in total.

Academic supervision:

Post-doctoral supervision:

- Three post-doctoral research fellows

PhD Student supervision:

- MA Matti Joensuu (Psychology), Institute of Behavioural Sciences, University of Helsinki, Completed 3/2015
- MA Pekka Varje (History), Department of Philosophy, History, Culture and Art Studies, University of Helsinki; estimated time of doctoral defense: 12/2018
- MSc Patel Kishan (Public Health), Department of Public Health, Queen's University Belfast, UK. Since 5/2015
- MSocSc Simo Raittila (Sociology), Department of Social Research, University of Helsinki. Since 10/2016

In addition to formal teaching and supervision experience, Dr Väänänen has acted as a senior researcher and advisor for numerous articles and reports that have been part of academic MSc or PhD theses. These academic dissertations have been often related to studies conducted at FIOH and led by AV. He has had a considerable role as an advisor and non-formal supervisor in the following PhD dissertations: Leena Ala-Mursula (Medicine, 2006, University of Oulu), Anne Linna (Economics, 2008, University of Turku), Krista Pahkin (Social Psychology, 2015, University of Helsinki), Anna Kuokkanen (Sociology, 2015, University of Helsinki). Over the years, he has also provided advice for various MSc thesis students (e.g., Mirka Lindholm, Psychology, 2006, University of Turku; Vesa Vuorenkoski, Social Psychology, 2002, University of Helsinki; Sanna Rantanen, Public Health, 2013, University of Tampere; Noora Lindroos, Sociology, 2017, University of Helsinki) and numerous colleagues in Finland and abroad.

Merits in teaching and pedagogical competence:

- *2002-2010 teaching modules and lecture series* at different universities (Exeter, Tampere).
- *2003-2017 academic lectures* at the University of Groningen, the University of Valencia, the University of Helsinki, and the University of Eastern Finland.
- *2000-2017 expert lectures* for different professional audiences at FIOH, the Academy of Finland, the National Institute of Welfare and Health, KEVA, various Finnish ministries, and other expert institutions.

Awards, prizes and honours:

- Special Award 2005: *Work & People Journal*
- Best Paper Award 2013: *Journal of Organizational Behavior*
- *The Lancet* published (9/2012) our meta-analysis on job strain and coronary heart disease. It is the first published meta-analysis on work stress in *The Lancet*.
- *The Canadian Medical Association Journal* (2016) ranked our article on job insecurity and health at #3 of all research outputs of the journal (total N of outputs = 4202).
- *Work & Stress*, Invited Editorial 12/2017

Other academic merits and activities:

- Member of the advisory board of various large-scale (N=8) research programmes/policy groups. Examples: Futures Group, PEROSH (2012–2014), European Agency of Occupational Health and Safety (EU level Scientific Group); Migrant Health and Well-being study (2009–), National Institute for Health and Welfare, Funded: ESF; 'EduMAP' consortium (2015–), Univ. of Tampere, Funded: EU Commission.
- Member of Steering Group on The future of Work theme (2011-2014) and Work Disability Prevention Theme (2015-2016)
- Peer reviewer for 20 international medical, social science and psychological journals 2004-2016: Examples: Social Science & Medicine; Journal of Health Psychology; Women's Health Issues; Scandinavian Journal of Work, Environment and Health; Occupational and Environmental Medicine; European Journal of Work and Organizational Psychology; European Journal of Public Health, Psychosomatic Medicine;

Journal of Psychosomatic Research, BMC Public Health; Arts and Health; Women and Health; Theory and Psychology; Work & Stress; Journal of Social and Personal Relationships

- Numerous invited chairmanships (N of symposiums 8) and speeches (N of abstracts 62) in international scientific conferences 2004-2018
- Nominated candidate of FIOH for the Member of Research Council for Culture and Society, Academy of Finland, 2015

Scientific and societal impact of research:

Scientific impact:

- 150 publications: 98 peer-reviewed articles (90 international, two of them in the final stage before acceptance), 20 book chapters, three scientific books and 29 other publications. Most of the recent publications are in the domain of medical sociology, work sociology, occupational/social epidemiology and ethnic studies. 10 most important publications are marked in bold in the list of publications.
- Scientific reputation: RG score=37.5 (Research Gate, in the top 5% of all international researchers), i10-index=63, h-index 36 (Google Scholar), >5,280 citations (Google Scholar).
- Expected publication trends: A large majority of these publications have been published over the past five years and the number of citations is increasing (in 2011 240 citations, in 2012 360 citations, in 2013 434 citations; in 2014 632 citations; in 2015 650 citations, in 2016 700 citations, and in 2017 700 citations). Since many of his most recent articles have been published in high impact factor journals (e.g., American Journal of Epidemiology, Social Science & Medicine, Sociology of Health and Illness, Occupational and Environmental Medicine etc.), the number of citations can be expected to stay high in the coming years.
- The Research Gate (RG) shows currently 7,241 reads.
website: https://www.researchgate.net/profile/Ari_Vaeaenaenen/stats
- Research network: Over the years, AV has developed a large interdisciplinary network of national and international partners. The main international partners are as follows: Piet Bracke, PhD, Professor of Sociology, University of Ghent, Belgium; Carles Muntaner, MD, PhD, Professor of Public Health, University of Toronto, Canada; Professor Michael Murray, PhD, Professor of Psychology, Keele University, UK; Marc Lorient, PhD, Associate Professor (Sociology), Université Paris I Panthéon-Sorbonne, France; Iain Wilkinson, PhD, Professor (Sociology), University of Kent (UK); Anders Petersen, PhD, Associate Professor of Sociology, Aalborg University, Denmark; Irena Grugulis, PhD, Professor of Employment and Skills, Leeds University, UK; Mario Cardano, PhD, Professor (Methodology in Social Sciences), University of Turin, Italy; Agnes Parent-Thirion, Senior Research Fellow, Eurofound, Dublin, Ireland

Societal impact:

- Merits in science communication: International: Several international news media have reported the results of AV's studies. For instance, Die Welt (GER), Psychology Today (USA), Women's Home Journal (USA), and Flow (NED) have widely reported our findings. The media coverage has reached more than ten million people. National: All the main Finnish newspapers and TV channels (e.g., TV news) have published news, articles or other material related to the studies of AV's research group.
- A long-term experience working with labour market organizations and enterprises in developing more sustainable work environments. A strong experience on "societal interaction" in work organizations and professional and policy-level networks.
- Several peer-reviews for scientific foundations (e.g., Work Environment Fund)

Other merits:

- Best Applicant in the Faculty of Social Sciences (>1200 applicants), University of Tampere, 1988
 - Editorial of the American Journal of Epidemiology raised the findings of the Still Working Study as their main topic in 2012 (vol 175).
 - The scientific book entitled "Finnish workship 1945-2013" by Dr Väänänen and his research group has received very positive reviews and wide publicity in Finland after its publication (10/2014).
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